

(Sample Town Council Resolution)

## TOWN COUNCIL RESOLUTION

CALLING ON THE SCHOOL DISTRICT TO PROTECT CHILDREN'S HEALTH AND PREVENT CHILDHOOD OBESITY BY ALLOWING BEVERAGE COMPANIES TO SELL ONLY HEALTHY BEVERAGES SUCH AS 100% FRUIT JUICE, WATER AND MILK IN SCHOOLS.

**Whereas**, The School District is currently selling soda and other sweetened beverages to students despite evidence that these drinks contribute to the growing epidemic of childhood obesity; and

**Whereas**, Soda consumption rates have doubled in the last decade, and currently the majority of the beverages that are purchased from vending machines are high sugar/empty calorie drinks; and

**Whereas**, Childhood obesity and diabetes rates are skyrocketing and one in seven children are obese and one in three are overweight. Moreover, type II diabetes used to be called "adult onset" but now it seen in children as young as 5; and

**Whereas**, Teens drink twice as much soda as milk, leading to weak bones, dental cavities, and nutrient deficiencies; and

**Whereas**, The estimated healthcare costs of obesity in Pennsylvania is over \$4 billion each year. Moreover, increasing soda consumption will exacerbate already serious problems like childhood obesity and diabetes and will create much greater costs to bear for taxpayers; and

**Whereas**, Beverage companies can sell products that meet nutritional standards, and do not compromise children's health; now, therefore, be it

**Resolved**, The Town Council/County Commission hereby calls upon the School District to sign a contract with beverage suppliers that allows only healthy beverages be sold in the school district. Acceptable products are 100% fruit juices, waters with no added sugars, and low-fat milk. We owe it to the future and health of our kids to give them only healthy drinks and eliminate soda and high sugar/empty calorie beverages in school vending machines.