

Our Mission

Ensuring that everyone has access to affordable, nutritious food.

The Food Trust, a nonprofit founded in 1992, strives to make healthy food available to all. Working with neighborhoods, schools, grocers, farmers and policymakers, we've developed a comprehensive approach that combines nutrition education and greater availability of affordable, healthy food.

What Others Say About Us

"The Food Trust is transforming the food landscape one community at a time, by helping families make healthy choices and providing the access to the affordable and nutritious food we all deserve."

— THE ROBERT WOOD JOHNSON FOUNDATION

"The [Food Trust's] program has been a remarkable success: one part of it, increasing the availability of fresh fruits and vegetables in elementary schools, along with nutrition education, is credited with helping reduce the incidence of overweight students by 50%."

— TIME MAGAZINE

Join Our Efforts

Stay informed. Visit thefoodtrust.org to sign up for our e-newsletters and find free resources on nutrition education, supermarket development and other important food issues.

Make a donation. The Food Trust sustains its work through generous support from foundations, government agencies and individuals. To make your tax-deductible contribution, visit thefoodtrust.org/donations.

Become a volunteer. We welcome volunteers at our farmers' markets and in our office. Contact us at 215-575-0444 for more information.



The Food Trust



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To Affordable, Nutritious Food

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Teaching children to eat healthy

The Food Trust partners with schools and after-school programs in the Philadelphia area to reach more than 50,000 children and their parents about healthy eating. Our comprehensive approach has been shown to prevent children from becoming overweight.

Our team of nutrition educators focuses on:

Teaching the importance of good nutrition and physical activity through fun lessons and activities.

Introducing children to fresh, nutritious food with taste tests, classroom snacks and school markets.

Connecting students and teachers to area farms with educational farm visits, and providing local foods in their schools.

Educating parents about developing healthy eating habits at home.



Increasing availability of fresh food

In many low-income neighborhoods, families do not have access to healthy, affordable food – which increases the risk of diet-related diseases.

We're increasing the availability of fresh food by:

Bringing supermarkets to underserved areas. The Food Trust works with community leaders, government officials and industry representatives to bring supermarkets to underserved neighborhoods.

Increasing access to healthy food in corner stores. We work with Philadelphia corner store owners to stock and promote fresh foods and teach children to choose healthier snacks.

Operating neighborhood farmers' markets. Our network of farmers' markets helps sustain regional farms and serves more than 125,000 customers in the Philadelphia region – and accept food stamps to ensure that fresh, local foods are available to everyone.



Creating solutions for everyone

The Food Trust's rigorous research and evaluation efforts show that our programs are effective in increasing the availability of fresh foods and preventing childhood overweight.

This evidence-based approach has helped us successfully advocate for public-policy initiatives promoting fruits and vegetables:

Promoting fruits and vegetables. The Food Trust's Kindergarten Initiative, an agriculture and nutrition education program, served as the model for Pennsylvania's Healthy Farms, Healthy Schools program.

Financing supermarkets. We helped to create the Pennsylvania Fresh Food Financing Initiative, which provides grants and loans to encourage supermarket development in underserved neighborhoods.

Improving school food. The Food Trust led a successful campaign in Philadelphia to eliminate soda and junk food from schools.